



JENNIFER BARNES  
— ORGANIZING —  
Creative solutions for everything!

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## Get Motivated, Stay Motivated, and THRIVE!

- I. Introduction
- II. Let Go
- III. Get Motivated
  - A. Dream a Little
  - B. Record It- Set Goals
  - C. Inspirational Stories
  - D. Together is better
  - E. Know the Why
- IV. What's Getting in Our Way - Calling out the obstacles.
- V. Now What? How do we get rid of the obstacles and stay motivated?
- VI. 6 Things that will help you THRIVE
  - A. T- Thankful
  - B. H-Help
  - C. R- Respect
  - D. I-Improve
  - E. V-Vision
  - F. E-Endure
- VII. Reminders
- VIII. Share feedback about the presentation (Using the QR code below) and be entered to win a One Hour Organizing Consultation



Thank You!  
Real Organizing for Real People doing Real Life!